



St. Senan's N.S.

School Newsletter

2nd May 2024

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PARENTS' ASSOCIATION

The Members Draw continues every month. New members are welcome to join and a special thanks to all the new members who signed up. There is a monthly cash prize of €300 for the winner. The winner for March was Carrie Lawlor - well done Carrie!

We now have an online payment facility set up via the following link or QR code (see back page):

<https://stsenansns.clubzap.com/categories/fundraising/products>

ST SENAN'S NATIONAL SCHOOL

MEMBERS DRAW

WIN €300!

FOR JUST €10 A MONTH YOU COULD BE IN WITH A CHANCE OF WINNING €300!



* SCAN THE QR CODE TO PAY ONLINE

* PAYMENT ALSO VIA CASH OR MONTHLY DIRECT DEBIT

* €10 A MONTH OR FULL YEAR FOR CHO

* DRAW TAKES PLACE ON THE 15TH OF EACH MONTH

CONTACT
LOUISE 086 3790799
ALICE 087 6745305
SCHOOL 061 472005



ST. SENAN'S NATIONAL SCHOOL DEVELOPMENT FUND

CLOTHES COLLECTION

Clear out your closet for a good cause...

PLEASE DROP ANY UNWANTED CLOTHES TO THE SCHOOL BETWEEN 8:30 AM & 5:30 PM MONDAY TO FRIDAY
LAST DATE FOR COLLECTION FRIDAY, 17TH MAY

NO DUVETS OR PILLOWS PLEASE

THANK YOU FOR SUPPORTING ST. SENAN'S N.S.



Clothes Collection:

It's the perfect time to do a clear out! We ask that you kindly donate unwanted clothing to school, clean & bagged. Bags to be dropped to the school during school hours. Members of the Parent's Association have also kindly offered to collect bags from elderly neighbours who are not in the position to drop bags to the school.

Please contact Louise Carrig : 086 3790799 or Caroline Pike : 089 4322637

IMPORTANT DATES:

- Afterschool training:** Tuesdays - hurling & camogie training @2:30-3:15pm. (2nd - 6th Class)
- School closed:** Friday 3rd May & Monday 6th May - Bank Holiday
- Testing:** 30th April to 9th May inclusive - standardised tests for classes Seniors - 6th.
- Book Fair:** Arriving 8th May
- Incoming Junior Infant Parents Induction:** Wednesday 8th May @2pm
- Wellbeing Week:** 13th-17th May
- First Communion:** Saturday 11th May @11am
- Book Fair Open Evening:** 13th May 6-7pm
- Incoming Junior Infants:** Thursday 23rd May @ 12-1:30pm
- Confirmation:** Friday 24th May @11am
- Active School Week:** Monday 27th - Thursday 30th May; Sports Day: Thursday 30th - finish at 12pm
- Incoming Junior Infants:** Wednesday 29th May @ 12-1:30pm
- June Bank Holiday - School closed:** Friday 31st May - Tuesday 4th June inclusive (Bank holiday & staff training day) > Reopening Wednesday 5th June @8:50am



- 5th & 6th Class RSE Talk:** 5th & 6th June (during school hours)
- Milford Hospice Fundraiser:** Thurs. 6th June - wear yellow day, suggested donation of €2 per child
- School Closure:** Friday 7th June - Local/European Elections

6TH CLASS QUIZZES



Well done to Jamie, Dylan, Allie and Danny who took part in the Brendan O'Regan memorial quiz in Sixmilebridge on 18th April.

Congratulations to Mason, Bridget, Aoife and Daithi who took part in the Scoil na Maighdine Mhuire Quiz in Newmarket last Thursday. They gave a super performance placing 4th in the quiz.



ATTENTION PLEASE!

SCHOOL UNIFORM

The school uniform consists of a royal blue jumper, white shirt, grey tie, grey trousers/knee-length skirt/pinafore & white socks/grey tights. This must be worn on Mondays, Wednesdays and Thursdays.

The school tracksuit consists of school tracksuit top, grey tracksuit bottoms, school t-shirt or white collared shirt. This must be worn on Tuesdays & Fridays. Now we are entering into the summer, grey knee length shorts will be acceptable as part of the uniform during the warmer weather.

The uniform is designed so that parents can avail of generic items such as skirts, shirts and pants in the major stores & from the local suppliers. All children are expected to wear the correct uniform on the correct day as per school policy.

CLARE PRIMARY GAME

St. Senan's N.S. were proudly represented by Allie Downes who was selected to play at half time during the football game between Clare and Waterford in Fraher field on Saturday 20th April for the Clare Primary Game Football squad. What a wonderful occasion for Allie to wear the saffron and blue jersey! Well done Allie!



CEREMONY OF LIGHT

Congratulations to the children in 6th Class who celebrated the Ceremony of Light last Wednesday at Mary Immaculate Church. Thanks to all the parents and guardians for supporting them on their journey. A special thanks to Mr. O'Sullivan for helping the children prepare so well. We are looking forward to Confirmation on May 24th.



THE LUNCH BAG UPDATE

As you know, The Lunch Bag provides free hot school meals to your school. As parents too, we do our absolute best to provide high quality meals. But as parents, we also know that sometimes children just won't finish their dinner! So the Lunch Bag have introduced a new system to keep you in the loop of your child's eating habits!

They will be introducing waste boxes, these are an essential part of keeping you in the loop and enables you to understand exactly what your child/ren are eating, allowing you to adapt their ordering habits and adjust evening meals accordingly. Your child will take home the waste box with the lunch in it - you can see what has/has not been eaten. The waste box must come into school each day, having been emptied at home the previous night.

The Lunch Bag would like to take this as an opportunity to make children aware of waste, and excited to be responsible for the environment by ordering what they enjoy. Please ensure to check in with your child to order what they like & to ensure they are not bored with their current choices.





HOME-SCHOOL COMMUNITY LIAISON (HSCL)

Parents and children began a Garden & Art Class on Tuesday 30th April. This class will run for 5 weeks between St. Senan's & Gaelscoil Donncha Rua. If you are interested in joining in, please contact Siobhán on 087-7063527.

If you wish to make an appointment or need support, do not hesitate to contact Siobhan on the number above.



JUNIOR INFANTS

For the month of April, Junior Infants have been learning all about the Dentist in Aistear. The receptionist welcomed the patients and showed them to the waiting room. Then the dental nurse brought the patient into the dentist. The dentist checked their teeth, cleaned them and checked if they needed a filling. We know now that we must brush our teeth in the morning and in the evening and try to eat healthy foods. We ate lots of healthy fruit and vegetables last week for Food Dudes!



We really enjoyed playing different instruments for music this month too. We all got to play our instrument and we tried to play our instrument to the beat.



RETURN DEPOSIT SCHEME



St. Senan's are looking for your recyclable plastic bottles and drink cans (non-alcoholic) that have the Re-turn logo. We will recycle these bottles and redeem the cash value to help raise funds for the school. Please ensure the bottles are undamaged and clean. Unsuitable bottles will be returned home again.

FOOD DUDES WEEK

Last week, the children had the opportunity to participate in the next phase of the Food Dudes programme. Under this phase, St. Senan's received 5 days of fruit and vegetables – a "Food Dudes Week" – to help maintain the healthy eating ethos in the school.

To support the Food Dudes week, St. Senan's promoted healthy eating for the duration of the week. To support the school based activities, the children were given a Passport to Healthy Eating. This passport contained a number of fun activities which were completed at home and/or school during the course of the Food Dudes week.



WORD MILLIONAIRE

'Who wants to be a WORD Millionaire' is our new reading challenge for Term 3! Our pupils are encouraged to read as many words as they can each day with rewards handed out on a Friday afternoon! Those who reach one million or more words will become members of the elite Millionaire Club. Our word millionaires will earn a surprise trip during the last week of school. Weekly prizes are also given out to those who reach targets along the way, with treats such as cookies, homework vouchers and ice-pops given out to date! Reminder : if pupils scroll down to the bottom of their AR test it shows them how many words they've read! We've also given each pupil a bookmark to help keep track of their word count! We're looking forward to a RICH term of reading!! 📖📖📖



The first members of the elite club: Bridget, Ella & Ryan.



Why Can't I Skip My 20 Minutes of Reading Tonight?

| Student "A" | Student "B" | Student "C" |
|--------------------------------------|-------------------------------------|-------------------------------------|
| reads 20 minutes each day | reads 5 minutes each day | reads 1 minute each day |
| 3600 minutes in a school year | 900 minutes in a school year | 180 minutes in a school year |

1,800,000 words



90th percentile

282,000 words



50th percentile

8,000 words



10th percentile

RANG SINÉAD

Rang Sinéad are half way through their 6 week block of horse riding. Therapeutic riding is the use of horses and equine-assisted activities in order to achieve goals that enhance physical, emotional, social, cognitive, behavioural and educational skills. We are having so much fun on Tipper the horse and can't wait to continue our lessons!

Did you know horses provide a unique neuromuscular stimulation when being ridden? A horse transfers 110 multidimensional swinging motions in the walk to the rider each minute. The horses walk constantly prompts riders to adjust their body position to maintain stability thus naturally helping increase body strength, control and balance.



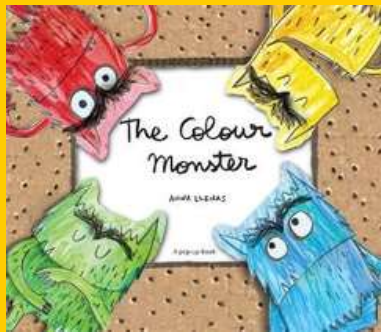
STAFF CPD

The staff recently took part in a workshop run by Aideen Flynn, Play Therapist and Psychotherapist. The workshop was entitled 'Dysregulation to Regulation.' The following topics were explored...

- How to understand and manage big feelings, from temper outbursts to anxieties.
- How to respond to those feelings in a child centered way to enable regulation.
- How to create an atmosphere that promotes regulation rather than dysregulation.
- To set limits and boundaries without shaming.

Aideen recommended the following resources for staff and parents alike to explore further:

- Sensory fidget toys and bubbles are useful for all children
- The Colour monster by Anna Llenas
- 'Inside Out' by Pixar particularly this clip- <https://youtu.be/QT6FdKriB8?feature=shared> - Sadness comforts Bing Bong



FOOD DUDES & AN CHOILL BHEAG



END OF TERM 2 ASSEMBLY AWARDS/CERTS



Parents' Association 'Guess the Amount in the Jar' winners



'Extra Effort' awards



Reading Awards for Term 2



Term 2 Attendance Awards



Gaelgóir na Míosa Awards



Indoor League winning team